



# Trainingschema 2018 / 2019

	Maandag		Dinsdag		Woensdag		Donderdag		Vrijdag				
	C (Vurste)	B (Dik.)	C (Vurste)	B (Dik.)	C (Vurste)	B (Dik.)	C (Vurste)	B (Dik.)	C (Vurste)	B (Dik.)			
U6						16:00h	17:15h						
U7						16:00h	17:15h						
U8A		18:00h	19:00h			17:00h	18:15h						
U8B		18:00h	19:00h			17:00h	18:15h						
U9A		18:00h	19:00h			17:00h	18:15h						
U9B		18:00h	19:00h			17:00h	18:15h						
U10		18:00h	19:15h			15:30h	16:45h						
U11g	18:30h	19:45h				18:30h	19:45h						
U11	18:30h	19:45h				18:30h	19:45h						
U12	18:30h	19:45h				18:30h	19:45h						
U13	18:30h	19:45h				18:30h	19:45h						
U15				18:30h	20:00h			18:30h	20:00h				
U15g				18:30h	20:00h			18:30h	20:00h				
U17				20:00h	21:30h			20:00h	21:30h				
U17g				20:00h	21:30h			20:00h	21:30h				
U21		20:00h	21:30h			20:00h	21:30h						
K	Onderbouw →	17:30h	18:00h										
K						Middenbouw →	17:30h	18:15h					
K	Bovenbouw →	18:30h	19:30h										
Bel.				19:00h	21:00h			19:00h	21:00h				
1ste pl				18:45h	21:00h			18:45h	21:00h	18:00h	19:30h	18:00h	19:30h